

Casey's Cuisine

For Dogs & Cats



Yummy Veggie Soup for Dogs

This recipe is a good way to get extra veggies into your dog's diet and give them a little more variety than simple dry food. It can take many forms but it is, in essence, an combination of fresh vegetables, grains and other ingredients. Take care not to use bones, fish, dairy products or any spoiled foods as these can lead to tummy upsets or food allergies. My dogs, Bob the Fox Terrier and Marley the Jack Russell, love this Doggy Soup!

Ingredients:

- 4-8 litres of water (feel free to add a small amount of fresh fruit juice)
- A colander full of rinsed, deep green leafy vegetables such as bok choy, carrot tips, spinach, brussell sprouts, broccoli, beans, peas, etc. Avoid beet greens as they are high in oxalic acid and go light on any cabbage. Experiment with different flavours and find the flavours your pet likes best.
- Root vegetables — perhaps a few carrots or sweet potatoes cut in cubes. (Not potato)
- Yellow-orange vegetable — a cup of diced pumpkin or squash.
- A cup of grain — brown rice, barley, oatmeal, cous cous etc.
- 2-3 tablespoons Turbobooster.

Method:

Fill a large soup pot 2/3 full of water and bring to the boil. Add any grains and return to the boil. Let simmer, covered, for 20 minutes or so or until grains are softened then add any root vegetables and simmer uncovered for another 20 minutes. Add water to cover and then add any green vegetables. Simmer for 5 minutes. Finally, add Turbobooster to the soup and mix through.

Once the soup has cooled serve a small portion to your pet with their meal every second day. It can be served cold or warm (heat up in the microwave) but make sure it is not too hot! Left over soup can be stored in the fridge for one week or in the freezer in individual containers.

Basic Obedience Tips for Your Dog...

These obedience exercises are designed to enable you and your pet to develop a basic level of communication, understanding, mutual trust and respect. Over time and with consistent training, your dog will develop confidence and an increased ability to follow commands.

Heel: Use the dog's name and the word "heel" and step off with your left foot. Keep your control hand close to him at all times. A food reward is useful to encourage him along. Give lots of praise when he responds.

Sit: Be sure he responds directly on command and if he doesn't, act immediately and make him. Give lots of praise when he responds.

Try to give a 15 minute session each day and remember to make it fun!

Specialist Small Dog Minding

I look after your dog in the comfort of my private home. All dogs are given home cooked meals, baths and bought inside to of a night time.

I treat them as if they were my own! They have a separate dog run and I can also cater for any special dietary needs your dog may have.

I have been a vet nurse for over 20 years so I am able to administer any medication required.

Phone Teresa on 0418 271 106



Vaccination against heartworm in dogs now available.

IT LASTS ONE YEAR!

We recommend the new annual vaccination against heart worm. The annual booster is given within two weeks of the annual reminder and is cheaper than giving the monthly tablet. It can easily be given at the same time as the annual C4 (distemper, hepatitis, parvovirus and kennel cough) or C5 (C4+Bordetella) vaccination.

Turbobooster for Dogs & Cats

Turbobooster is used to stimulate the immune system and improve the overall health of your pet in a purely natural way. It contains essential poly-seed oils, protein rich yeast purified garlic juice, immune modulating zinc and is enriched with sugar free vitamins and minerals.

It is given once daily in the meal or directly by mouth. Within three weeks of use, the coat develops an incredible silky sheen and lively colour, reflecting not only an improvement in health of the skin but also a heightened level of health and vitality throughout the entire body system.

Turbobooster functions to improve and maintain the highest level of health by promoting a strong immune system. Turbobooster is used for the following conditions:

- Skin conditions involved with hair drop, excessive scale, dandruff, itchy skin, doggy odour and skin allergies in dogs and cats.
- Anal gland impaction and infections.
- Lethargy from old age and hormone imbalances.
- Recurring ear infections and fly worry.
- Muscle spasms and injury.

Starting Up with Turbobooster

Most dogs and cats find Turbobooster immediately inviting and like the taste of garlic mixed as a garnish with the meal.

Some finicky dogs and cats do not like the taste at first but after a few days love it. It is best to mix the Turbobooster thoroughly into the feed. Take it away after ten minutes if it remains uneaten and then give a fresh meal and fresh Turbobooster again the following day. Do not give any food in between these meals. In the worst cases, it may take three days of missing a meal before your pet accepts the new taste.

The best results are seen after three months of daily treatment when the coat shines like silk and the eyes sparkle with vitality. The changes are obvious and you will be amazed with the results. After three months the dose can be decreased to every second or third day and the health monitored by the sheen and colour of the coat. In summer, Turbobooster is given on the food every day to prevent skin problems.

Special Sardine Surprise for Cats

This recipe is quick and easy to make and the parsley is especially useful to combat whiffy-kitty breath.

Ingredients:

- 1 can of sardines in oil
- 2/3 cup cooked rice
- 1 tablespoon pureed liver (or canned liver cat food)
- 1/4 cup finely chopped parsley
- 1 tablespoon Turbobooster

Method:

Combine all ingredients and mix well. Shape into balls of desired size or simply spoon into cat's dish and serve. The mix may be stored in the refrigerator for up to 3 days in a plastic airtight container.

