

Gizzard Problems

| | SEED BASED DIET (Budgerigars, Cockatiels, Cockatoos, Galahs, Kakarikis) | VEGETABLE BASED DIET (Conures, Asiatics, Quakers, Amazons, Caiques, Macaws) | FRUIT BASED DIET (Eclectus, Lorikeets) |
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| | Wild diet is based on dry foods that provide coarse fibre to drive gizzard function. | Wild diet is based on a combination of soft and dry foods that drive gizzard function. | Eclectus wild diet is based on fruit pulp containing fibre and small seeds that drive gizzard function. |
| FIRST 2 WEEKS Protecting against gizzard overload | <p>Feed seeds & millet sprays fortified with nutritional supplements (Turbobooster, E-Powder & F-Vite) throughout the day.</p> <p>* No branches/leaves or hard coarse matter for foraging</p> | <p>Feed a cooked soft morning and evening meal prepared according to the accompanying "Dietary & Meal Time Recommendations" brochure.</p> <p>Provide dry seed and millets sprays fortified with nutritional supplements (Turbobooster, E-Powder & F-Vite) throughout the day.</p> <p>* Lorikeets should receive a dry mix during the day.</p> <p>* Stop pelleted foods * No passionfruit * No raw vegetables/coarse food matter for foraging</p> | |
| NEXT 8 WEEKS Restoring Gizzard Function | <p>Introduce raw apple slices (peeled and cored), corn, peas and fresh green eucalypt new growth leaves.</p> <p>* No hard stems/bark/wood</p> | <p>Introduce raw apple slices (peeled and cored), citrus rind and steamed carrot. As gizzard function improves, harder foods such as raw carrot, raw beans, brocolli, capsicum, corn and peas may be offered.</p> <p>* No hard stems/bark/wood * No passionfruit</p> | <p>Introduce steamed apple, steamed carrot, cooked beans, peas and corn. As gizzard function improves, harder foods such as green beans, brocolli, capsicum and citrus rind may be offered.</p> <p>* No raw vegetables/hard fruit * No passionfruit</p> |
| MAINTAINING STRONG GIZZARD FUNCTION | <p>Continue seed, millet sprays and provide fresh fruit and vegetables as foraging foods during the day.</p> <p>Fresh Eucalypt leaves and new growth (no woody branches or bark) are provided for chewing opportunities and to maintain strong gizzard function.</p> | <p>Introduce cooked brown rice and continue cooked morning and evening meal topped with fruit and vegetables as above.</p> <p>Continue seed & millets sprays</p> <p>Fresh green eucalypt growth and thin stems are provided for chewing opportunities throughout the day.</p> | <p>Continue cooked soft, pulpy morning and evening meal as above. Introduce fresh vegetables and raw apple as foraging foods during the day.</p> <p>Continue seed & millets sprays</p> <p>* Lorikeets should be given bottlebrush, grevillea flowers and leaf buds to aid gizzard function.</p> |