

Weekly Health Programme for Cockatoos & King Parrots

Add to Drinking Water

Mix into Sterile Food

Ongoing Health Care

Day 1	KD Powder ¹	Turbobooster, E Powder & Fvite ⁴
Day 2	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴
Day 3	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴
Day 4	Fresh water	Fresh seed ⁵
Day 5	Quik Gel ³	Fresh seed ⁵
Day 6	Quik Gel ³	Fresh seed ⁵
Day 7	Fresh water	⁵ During the Moult: Turbobooster, E Powder & Fvite are provided fresh each day.

Lice & Mite Protection: S76 should be administered in the drinking water every month during summer and each three months during the cooler seasons. Add 0.5ml of S76 into 100mls drinking water for two days. A lice and mite spray (AIL) should be applied on the same days.

Worm Protection: Gentle Wormer should be administered in the drinking water each three months. Add 3mls of Gentle Wormer into 100mls drinking water and leave for two days.

³ **Moult Support:** During the moult from October to February Quik Gel should be given in the drinking water for two days each week.

¹ KD Powder is given in the drinking water for one day a week acting as a mouth and crop wash to maintain protection from environmental germs. It is made up by adding 1/4 teaspoon (1gm or a level white spoon) into a litre of water. The drinking vessel is filled from this litre and the remainder is used to clean out the cage.

² Dufoplus (5 drops) & Ioford (10 drops) are mixed together in 100mls of drinking water and safely left for two days as they are sugar free. Dufoplus and Ioford provide the vitamins and trace elements necessary for good health.

³ Quik Gel is an optional health tonic that may be given in the drinking water as part of an ongoing weekly programme. Quik Gel provides an immediate energy boost to your bird and should be given whenever you feel your bird is tired or unwell. Quik Gel is prepared by mixing 1 drop (0.1ml) thoroughly into 100ml drinking water.

⁴ 6 drops of Turbobooster is mixed thoroughly into 100gm of seed, then 1/4 teaspoon (1 gram) of E Powder and F-vite are mixed into it. These powders stick to the the oil impregnated seed providing your bird with additional energy, protein, vitamin and mineral supplements necessary for top health. During the moult and for some birds, Dr Marshall may recommend Turbobooster, E Powder and F-vite are given daily. Nutritional supplements may also be added to fresh vegetables or pulse mix.



Foods & Foraging Opportunities

A daily routine that includes two shared meals and time outside the cage exercising, socializing and playing is important for your pet cockatoo as it gives your bird emotional stability and the confidence to happily occupy itself whilst you are away from home.

The morning and evening meal should include organic vegetables or pulses. Vary your bird's diet according to what is fresh and in season. Cockatoos prefer diced (1- 2cm pieces) par cooked vegetables. One of the following foods - butter pumpkin, sweet potato, sliced carrots and long beans - should be included in at least one daily meal as these vegetables are of highest food value. Corn on the cob and multi-grain toast are excellent choices and time consuming food items. Cockatoos also enjoy rehydrated pulses as part of their diet (see recipe below).

Pulse Mix Recipe

1. Soak dry soup mix in cold water overnight.
2. Rinse soaked pulses thoroughly and strain.
3. Boil for 45 minutes or until soft.
4. Divide into 100gm portions and freeze.
5. Prepare meal each morning as follows:

To prepare the morning feed, warm the frozen pulse mix in the microwave. Boiled rice, diced and cooked vegetables may be incorporated into the mix. To this finished meal add 6 drops Turbobooster and mix thoroughly. Then, sprinkle 1/4 tspn E Powder & 1/4 tspn Fvite onto the mix and provide as the morning meal. Dufoplus (5 drops) and Ioford (10 drops) can also be added here instead of in the drinking water.



Cockatoos are naturally busy during the day and require time consuming foraging opportunities such as toasted wholemeal bread and corn on the cob.

