

Weekly Health Programme for Asiatic Parrots

Add to Drinking Water		Mix into Food	Ongoing Disease Prevention
Day 1	KD Powder ¹	Turbobooster, E Powder & Fvite ³	<p>Lice & Mite Protection: S76 should be administered in the drinking water every month during summer and each three months during the cooler seasons. Add 1ml of S76 into 200mls drinking water for one day. A lice and mite spray (AIL) should be applied on the same day.</p> <p>Worm Protection: Gentle Wormer should be administered in the drinking water each three months. Add 3mls of Gentle Wormer into 100mls drinking water and leave for two days.</p> <p>Quik Gel ⁵ : At the first sign of illness it is recommended to give Quik Gel ³ in the drinking water and contact Carlingford Animal Hospital immediately.</p>
Day 2	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ³	
Day 3	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ³	
Day 4	Fresh water	Fresh seed *	
Day 5	Fresh water	Fresh seed *	
Day 6	Fresh water	Fresh seed *	
Day 7	Fresh water	Fresh seed *	

¹ KD Powder is made up by adding 1gm (white spoon) into a litre of water. The drinking vessel is filled from this litre and the remainder is used to clean out the cage.

² Dufoplus (5 drops) & Ioford (10 drops) are mixed together in 100mls of drinking water and safely left for two days as they are sugar free. Dufoplus and Ioford provide the vitamins and trace elements necessary for good health.

³ 6 drops of Turbobooster is mixed thoroughly into 100gm of seed, then a green 1 gm spoon of E Powder and F-vite are mixed into it. These powders stick to the Turbobooster oil impregnated seed providing your bird with the energy, protein, vitamin and mineral supplements necessary for top health. **Nutritional supplements may also be incorporated into the fresh vegetable or pulse mix as outlined below.**

* **During the moult, Turbobooster, E Powder and Fvite should be given in the seed or fresh food mix daily.**

⁵ Quik Gel provides an immediate energy boost to your bird and should be given whenever you feel your bird is tired or unwell or for those birds with chronic health problems. Quik Gel is prepared by mixing 1 drop (0.1ml) thoroughly into 100ml drinking water.

Food Preparation: Fruit, Vegetables and Pulses

The morning and evening meal may be comprised of organic vegetables, pulses or fruits. Asiatic parrots prefer diced par cooked vegetables including sweet potato, pumpkin, long beans, sliced carrots and hard fruits. A rehydrated and warmed pulse mix (i.e. soup mix) also makes an ideal morning feed. You may like to prepare a large batch and freeze this mix for an easy morning feed for your bird. A recipe is included below.



Pulse Mix for Asiatics

1. Soak dry soup mix in cold water overnight.
2. Rinse soaked pulses thoroughly and strain.
3. Boil for 45 minutes or until soft.
4. Divide into 100gm portions and freeze.
5. Prepare meal each morning as follows:

To prepare the morning feed, warm the frozen pulse mix in the microwave. To this mix, add 6 drops Turbobooster and mix thoroughly. Then, sprinkle 1/4 tspn E Powder & 1/4 tspn Fvite onto the mix and provide as the morning meal. Diced vegetables may also be incorporated into the mix.



Asiatics are highly dexterous and enjoy foods such as green beans and broad beans which they can hold and devour. Carrot, fennel or beetroot tops also provide an interesting foraging activity. Always wash in KD Powder before use.



Food Hygiene

Food hygiene is particularly important and all fresh food should be washed in KD Powder prior to feeding. This helps to prevent bacterial infections such as E.coli and is particularly important in the warmer months when contamination is more likely. All fresh food should be removed from the cage after one hour and a bowl of small seeds made available throughout the day.