

# Weekly Health Programme for Eclectus Parrots

	Add to Drinking Water	Mix into Food	Ongoing Health Care
Day 1	KD Powder <sup>1</sup>	Turbobooster, E Powder & Fvite <sup>4</sup>	<p><b>Lice &amp; Mite Protection:</b> S76 should be administered in the drinking water every month during summer and each three months during the cooler seasons. Add 1ml of S76 into 200mls drinking water for one day. A lice and mite spray (AIL) should be applied on the same day.</p> <p><b>Worm Protection:</b> Gentle Wormer should be administered in the drinking water each three months. Add 3mls of Gentle Wormer into 100mls drinking water and leave for two days.</p> <p><b>Quik Gel:</b> At the first sign of illness it is recommended to give Quik Gel <sup>3</sup> in the drinking water and contact Carlingford Animal Hospital for advice .</p>
Day 2	Dufoplus & Ioford <sup>2</sup>	Turbobooster, E Powder & Fvite <sup>4</sup>	
Day 3	Dufoplus & Ioford <sup>2</sup>	Turbobooster, E Powder & Fvite <sup>4</sup>	
Day 4	Dufoplus *	Turbobooster, E Powder & Fvite <sup>4</sup>	
Day 5	Quik Gel <sup>3</sup>	Turbobooster, E Powder & Fvite <sup>4</sup>	
Day 6	Quik Gel <sup>3</sup>	Turbobooster, E Powder & Fvite <sup>4</sup>	
Day 7	Fresh water	Turbobooster, E Powder & Fvite <sup>4</sup>	



<sup>1</sup> KD Powder is given in the drinking water for one day a week acting as a mouth and crop wash to maintain protection from environmental germs. It is made up by adding 1/4 teaspoon (1gm or a level white spoon) into a litre of water. The drinking vessel is filled from this litre and the remainder is used to clean out the cage. KD may also be used to disinfect fruits, vegetables and foraging plants before giving them to your bird.

<sup>2</sup> Dufoplus (6 drops) & Ioford (10 drops) are mixed together in 100mls of drinking water and safely left for two days as they are sugar free. Dufoplus and Ioford in similar amounts may also be mixed into a passionfruit. These provide vitamins and trace elements necessary for health.

\* Eclectus Parrots have an eight-fold requirement for vitamin A compared to other parrots. Dufoplus contains the most purified form of vitamin A and is ideal for the exceptionally high vitamin needs of Eclectus parrots.

<sup>3</sup> Quik Gel is an optional health tonic. Quik Gel provides an immediate energy boost and should be given whenever you feel your bird is tired or unwell. It is often used for Eclectus parrots with recurrent sneezing episodes or chronic health problems. Quik Gel is prepared by mixing 1 drop (0.1ml) thoroughly into 100ml drinking water or into a passionfruit or mashed vegetables.

<sup>4</sup> 6 drops of Turbobooster is mixed thoroughly into a passionfruit, seeds, fruit or vegetables, then 1 gm (1/4 teaspoon) of E Powder and F-vite are mixed into it. These supplements provide your bird with the energy, protein, vitamin and mineral supplements necessary for top health.

## Food Preparation: Fruits, Vegetables and Pulses

The morning and evening meal should include organic fruit, vegetables or pulses. Vary your bird's diet according to what is fresh and in season. Eclectus prefer soft, fleshy fruits and vegetables. One of the following foods - butter pumpkin, sweet potato and carrot - must be included in at least one daily meal as these vegetables offer your bird the highest amounts of vitamin A & vitamin E. The best seasonal fruits for your Eclectus are passion fruit, grapefruit, mango, rockmelon, watermelon, kiwifruit, pomegranate and papaya. Corn, capsicum, green peas and broad beans are other good vegetable choices. Eclectus parrots also enjoy boiled rice dishes and rehydrated pulses as part of their diet (see recipe below).



*Eclectus are naturally slow eaters and enjoy soft mushy fruits or vegetables they can hold in the mouth and take time to devour.*

### Passionfruit Treat

Passionfruit is an ideal fruit into which you can provide nutritional supplements each morning. When providing supplements using this method, there is no need to add them to the seed mix.

**Mix 6 drops Turbobooster, 5 drops Ioford and 5 drops Dufoplus inside a passionfruit and sprinkle 1/4 teaspoon each of E Powder and F vite on top.**

### Pulse Mix Recipe

1. Soak dry soup mix in cold water overnight.
2. Rinse soaked pulses thoroughly and strain.
3. Boil for 45 minutes or until soft.
4. Divide into 100gm portions and freeze.
5. Prepare meal each morning as follows:

**To prepare the morning feed, warm the frozen pulse mix in the microwave. To this mix, add 6 drops Turbobooster, 6 drops of Dufoplus and 10 drops of Ioford and mix thoroughly. Then, sprinkle 1/4 tspn E Powder & 1/4 tspn Fvite onto the mix and provide as the morning meal. Boiled rice, diced and cooked vegetables may also be incorporated into the mix.**



### Food Hygiene is Essential

All fresh food should be washed in KD Powder prior to preparation to remove surface contamination. During the warmer months uneaten food remnants must be removed from the cage within an hour of feeding in order to prevent food spoilage diseases. Foraging branches should be soaked in KD before being placed into the cage.